



## Testimonials

*“My PLUS volunteer really understands me and my needs, she is there to explain games when I don’t understand them and provides me with reassurance when I am not too sure about something”  
(young person’s quote)*

*My son, O, attends Cubs with a volunteer. To allow O to grow, he needs to be pushed out of his comfort zone and by having a volunteer at Cub Scouts with a volunteer, this allows O to have greater independence, as he knows someone has his back and understands what he can struggle with. Sometimes this is all he can struggle with. Sometimes this is all he needs to gain confidence. “  
(parent quote)*

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**PLUS**

**“Count Me In”**

**Volunteering Opportunities**

What is “Count Me In”?

The “Count Me In” project aims to provide support to children and young people with disabilities to join youth groups, clubs and organisations of their choice



## Count Me In needs you!

We are looking for volunteers to support young people from PLUS whilst they attend their groups and clubs.

Volunteering will take place in other organisations but volunteers will receive training and ongoing support from PLUS.

## Role of the Volunteer

As a Count Me In volunteer you will attend their chosen club alongside your young person. Your main role is to support them during their time attending the club to promote and allow their independence. This can vary from explain games, offering prompts during social interactions and encouraging them to engage in activities, enabling your young person to reach their full potential.

## What can our young people access through Count Me In?

- Beavers, Cubs & Scouts
- Rainbows, Brownies and Girl Guides
- Youth Clubs 
- Air Cadets 
- Duke of Edinburgh
- Boys Brigade
- And many more! 

## What will PLUS provide for volunteers?

- Experience of childcare and youth work in well managed and respected organisations
- Training
- Regular Support and supervision sessions
- An opportunity to build up your CV
- Covered by PLUS insurances
- All volunteers will become members of the Protecting Vulnerable Group (PVG) Scheme

## Who should apply?

Volunteer applicants must be aged 16 or over

The role is suited to;

- People who enjoy spending time with children and young people
- People who are well organised and reliable
- People who are motivated, enthusiastic and approachable
- People who can commit to regular fixed voluntary opportunity for a few hours a week



## How do I apply?

Further information and application forms can be downloaded from the PLUS website:

[www.plusforthvalley.org.uk](http://www.plusforthvalley.org.uk)

If you wish to discuss volunteering with PLUS, please contact Lillian Campbell or Katie Hopkins on:

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